

D Dimères à toutes les sauces?

Maladie thromboembolique veineuse

Jean-Marc Chauny

TOP MU

27 juin 2022

Discuter de l'interprétation des DD dans des contextes particuliers :

Grossesse, COVID, ACO, Sx plutôt subaigu, etc.

MTEV: Objectifs

Investigation en 2022 des embolies pulmonaires avec les D Dimères

Grossesse

COVID

ACO

Symptômes non aigus (MPOC, personnes âgées, néoplasie)

Et imagerie par la suite

Décision partagée

Conflits d'intérêt



Je n'ai aucun conflit d'intérêt réels ou potentiel en lien ou non avec le contenu de cette présentation

Mais collaboration à l'article de Dr Freund :

Freund Y, Drogrey M, Miro O, Marra A, Feral-Piessens AL, Penalosa A, et al.

Association Between Pulmonary Embolism and COVID-19 in Emergency Department Patients

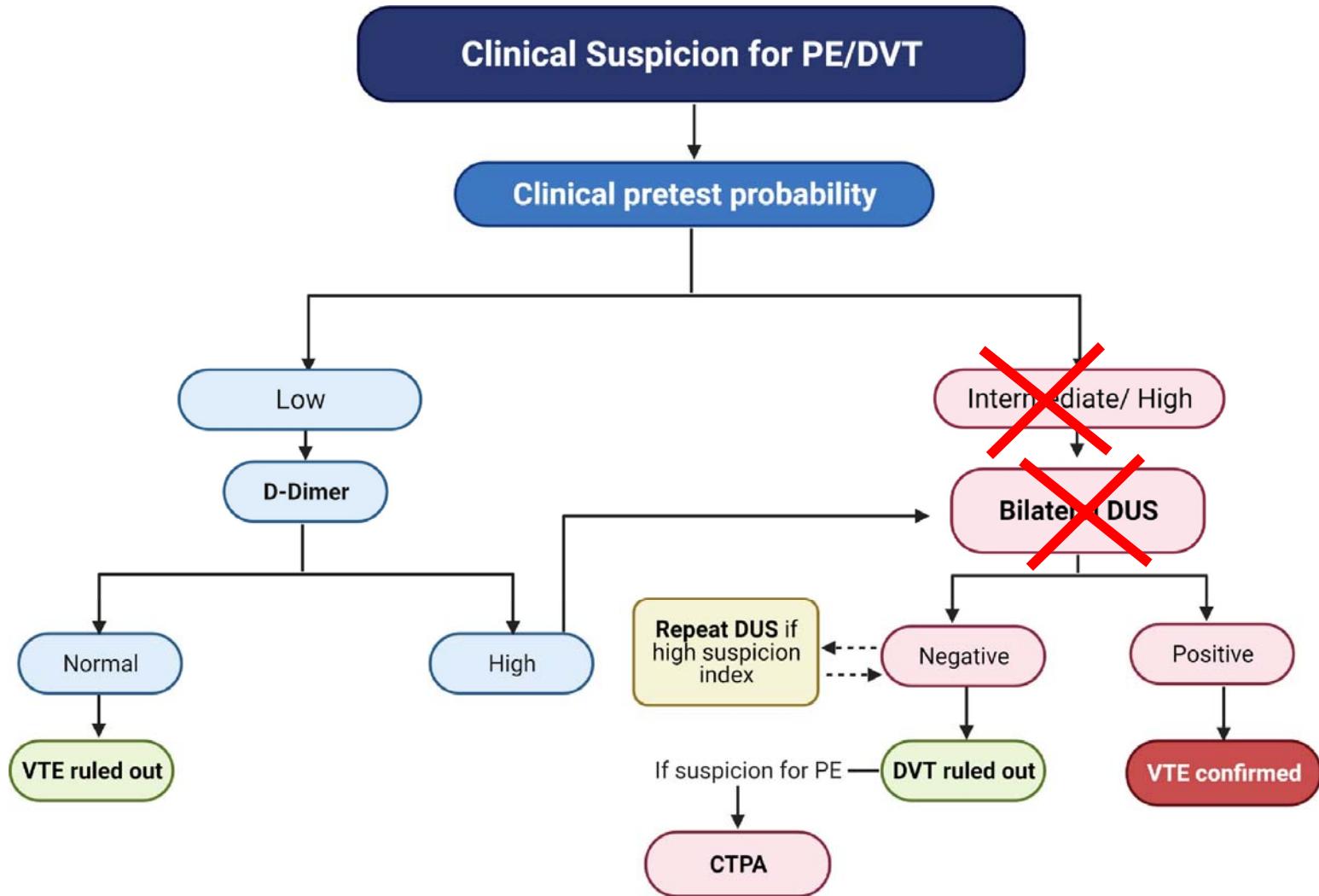
Undergoing Computed Tomography Pulmonary Angiogram: The PEPCOV International Retrospective Study.
Acad Emerg Med. 2020;27(9).

5 fois le risque
1ère cause de mortalité
Changement de la coagulation
Présentation clinique aussi complexe

5 cas sur 10 000 grossesses

Rechercher les facteurs de risque
Identifier les hautes probabilités

Facteurs de risque	OR
Facteur V de Leiden homozygote	34,4
Mutation G2021A prothrombine	26,4
Antécédents personnels ou familial EP	24,8
Anticorps antiphospholipides	15,8
Infection sans césarienne	20,2
Hémorragie post-partum avec chirurgie	12,0
Immobilité post-partum	10,8
Anémie falciforme	6,7
Tabagisme post-partum	3,4



Bukhari S, et al. Venous thromboembolism during pregnancy and postpartum period. Eur J Intern Med. Epub 2021/12/25.

Righini M, et al.
Annals of Internal
Medicine. 2018.

Diagnosis of Pulmonary Embolism During Pregnancy A Multicenter Prospective Management Outcome Study

Marc Righini, MD; Helia Robert-Ebadi, MD; Antoine Elias, MD, PhD; Olivier Sanchez, MD, PhD; Emmanuelle Le Moigne, MD; Jeannot Schmidt, MD; Catherine Le Gall, MD; Jacques Cornuz, MD, PhD; Drahomir Aujesky, MD, MSc; Pierre-Marie Roy, MD, PhD; Céline Chauleur, MD, PhD; Olivier T. Rutschmann, MD; Pierre-Alexandre Poletti, MD; and Grégoire Le Gal, MD, PhD; for the CT-PE-Pregnancy Group*

The DiPEP study: an observational study of the diagnostic accuracy of clinical assessment, D-dimer and chest x-ray for suspected pulmonary embolism in pregnancy and postpartum

S Goodacre,^a K Horspool,^a C Nelson-Piercy,^b M Knight,^c N Shephard,^a F Lecky,^a S Thomas,^d
BJ Hunt,^b G Fuller^a on behalf of the DiPEP research group

^a School of Health and Related Research, University of Sheffield, Sheffield, UK ^b Guy's & St Thomas's NHS Foundation Trust, London, UK

^c National Perinatal Epidemiology Unit, University of Oxford, Oxford, UK ^d Sheffield Teaching Hospitals NHS Foundation Trust, Sheffield, UK

Correspondence: S Goodacre, Centre for Urgent and Emergency Care Research, School of Health and Related Research (ScHARR), Regent Court, Regent Street, Sheffield S1 4DA, UK. Email: s.goodacre@sheffield.ac.uk

van der Pol LM, et al. NEJM. 2019;380(12):1139-49.

Goodacre S, et al. BJOG 2019

ORIGINAL ARTICLE

Pregnancy-Adapted YEARS Algorithm for Diagnosis of Suspected Pulmonary Embolism

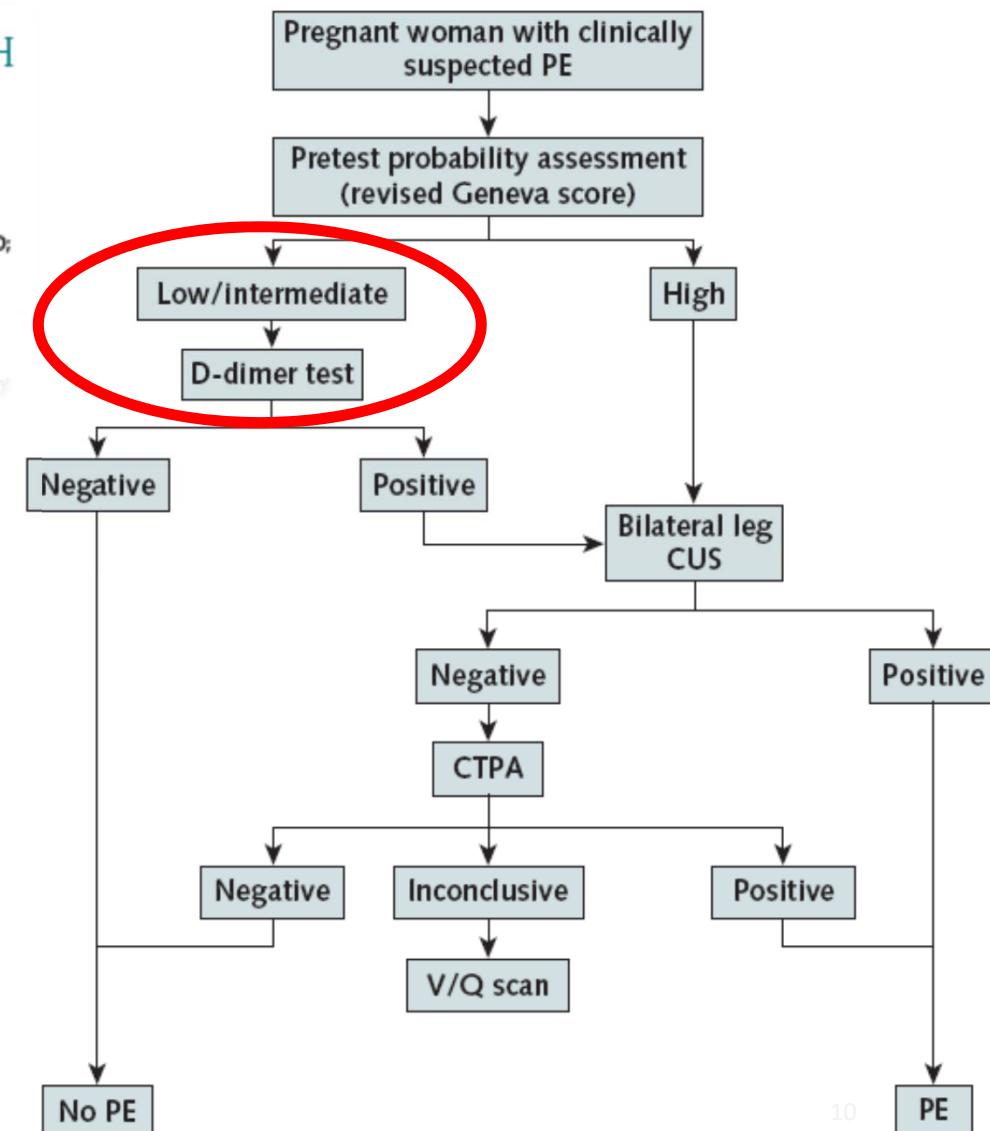
L.M. van der Pol, C. Tromeur, I.M. Bistervels, F. Ni Ainle, T. van Bemmel, L. Bertoletti, F. Couturaud, Y.P.A. van Dooren, A. Elias, L.M. Faber, H.M.A. Hofstee, T. van der Hulle, M.J.H.A. Kruip, M. Maignan, A.T.A. Mairuhu, S. Middeldorp, M. Nijkeuter, P.-M. Roy, O. Sanchez, J. Schmidt, M. gen Wolde, F.A. Klok, and M.V. Huisman, for the Artemis Study Investigators*

Diagnosis of Pulmonary Embolism During Pregnancy

A Multicenter Prospective Management Outcome Study

Marc Righini, MD; Helia Robert-Ebadi, MD; Antoine Elias, MD, PhD; Olivier Sanchez, MD, PhD; Emmanuelle Le Moigne, MD; Jeannot Schmidt, MD; Catherine Le Gall, MD; Jacques Comuz, MD, PhD; Drahomir Aujesky, MD, MSc; Pierre-Marie Roy, MD, PhD; Céline Chauleur, MD, PhD; Olivier T. Rutschmann, MD; Pierre-Alexandre Poletti, MD; and Grégoire Le Gal, MD, PhD; for the CT-PE-Pregnancy Group*

С1-ъЕ-ъиедитисл @топъ,



ORIGINAL ARTICLE

Pregnancy-Adapted YEARS Algorithm for Diagnosis of Suspected Pulmonary Embolism

L.M. van der Pol, C. Tromeur, I.M. Bistervels, F. Ni Ainle, T. van Bemmel,
L. Bertoletti, F. Couturaud, Y.P.A. van Dooren, A. Elias, L.M. Faber,
H.M.A. Hofstee, T. van der Hulle, M.J.H.A. Kruip, M. Maignan, A.T.A. Mairuhu,
S. Middeldorp, M. Nijkeuter, P.-M. Roy, O. Sanchez, J. Schmidt, M. ten Wolde,
F.A. Klok, and M.V. Huisman, for the Artemis Study Investigators*

van der Pol LM, et al. NEJM. 2019;380(12):1139-49.



Figure 1. Pregnancy-Adapted YEARS Algorithm for the Management of Suspected Acute Pulmonary Embolism in Pregnant Patients.
 CT denotes computed tomography.

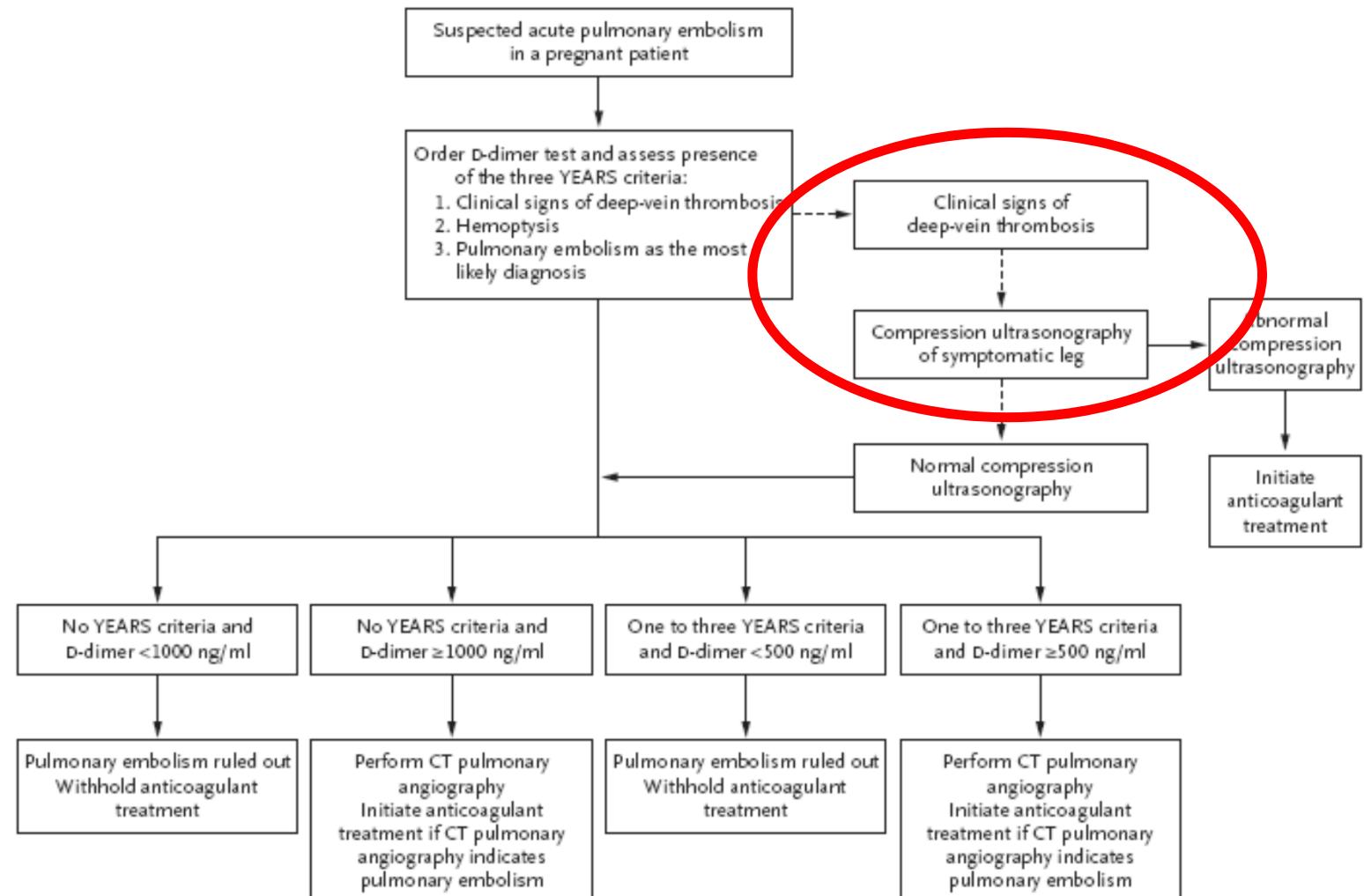


Figure 1. Pregnancy-Adapted YEARS Algorithm for the Management of Suspected Acute Pulmonary Embolism in Pregnant Patients.
 CT denotes computed tomography.

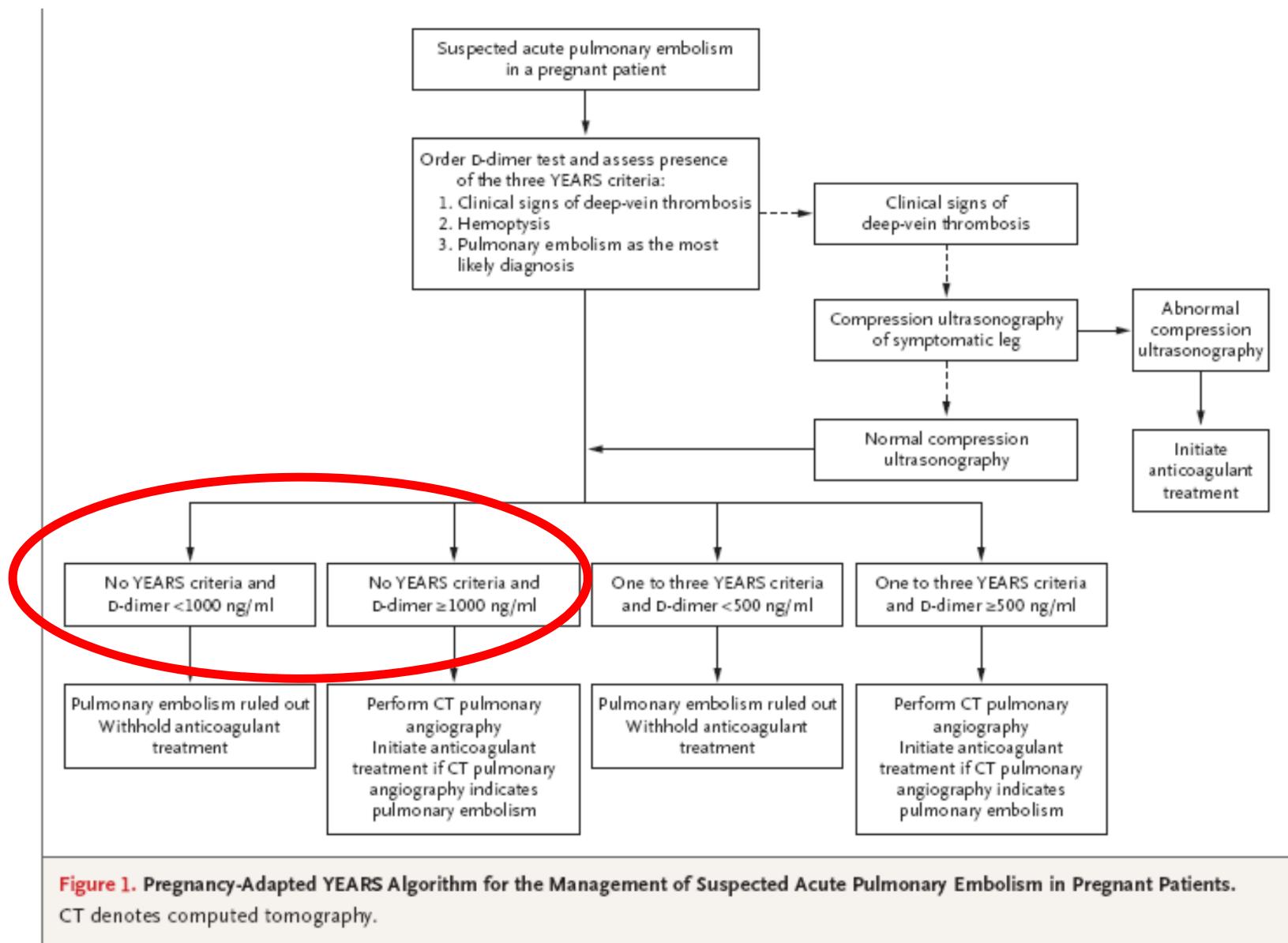


Figure 1. Pregnancy-Adapted YEARS Algorithm for the Management of Suspected Acute Pulmonary Embolism in Pregnant Patients.
CT denotes computed tomography.

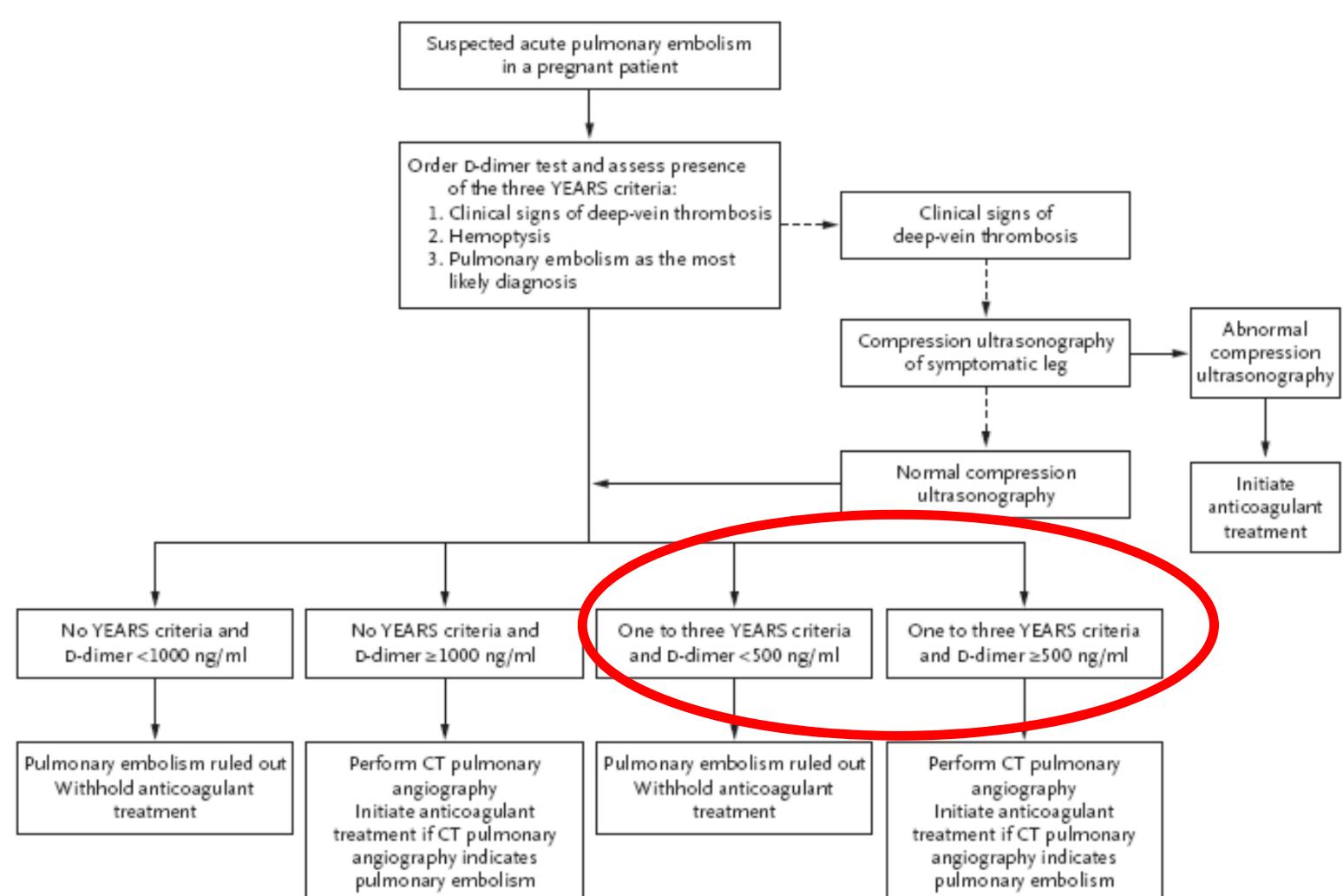


Figure 1. Pregnancy-Adapted YEARS Algorithm for the Management of Suspected Acute Pulmonary Embolism in Pregnant Patients.
 CT denotes computed tomography.

Table 2. Primary and Secondary Outcomes.*

Variable	All Patients (N=498)	Patients Who Did Not Have Deep-Vein Thrombosis at Baseline (N=494)	
		CT Pulmonary Angiography Not Indicated	CT Pulmonary Angiography Indicated†
Pulmonary embolism confirmed at baseline			
No./total no.	20/498‡	0/195	16/299
% (95% CI)	4.0 (2.6–6.1)	0 (0.0–2.0)	5.4 (3.3–8.5)
Diagnosis of VTE during follow-up in patients who did not have VTE at baseline			
No./total no.	1/477§	1/195	0/283
% (95% CI)	0.21 (0.04–1.2)¶	0.51 (0.09–2.9)	0 (0.00–1.4)

van der Pol LM, et al. NEJM. 19;380(12):1139-49.

Table 3. Study Outcomes, According to Trimester of Pregnancy

Variable	First Trimester (N=74)	Second Trimester (N=193)	Third Trimester (N=231)
Pulmonary embolism confirmed at baseline			
No./total no.	5/74	8/193	7/231
% (95% CI)	6.8 (2.9–15)	4.2 (2.1–8.0)	3.0 (1.5–6.1)
CT pulmonary angiography not indicated*			
No./total no.	48/74	89/193	74/231
% (95% CI)	65 (54–75)	46 (39–53)	32 (26–38)
Diagnosis of VTE during follow-up†			
No./total no.	0	1/176	0
% (95% CI)		0.57 (0.1–3.2)	
Median d-dimer level (IQR) — ng/ml	505 (292–963)	730 (505–1260)	1120 (818–1718)

van der Pol LM, et al. NEJM. 19;380(12):1139-49.

Assessing the clinical probability of pulmonary embolism during pregnancy: The Pregnancy-Adapted Geneva (PAG) score

Helia Robert-Ebadi¹  | Antoine Elias^{2,3} | Olivier Sanchez^{3,4,5} | Emmanuelle Le Moigne⁶ | Jeannot Schmidt^{3,7} | Catherine Le Gall^{3,8} | Drahomir Aujesky⁹ | Pierre-Marie Roy^{3,10} | Thomas Moumneh^{3,10}  | Céline Chauleur^{11,12,13} | Frédéric Rouyer¹⁴ | Grégoire Le Gal^{15,16} | Marc Righini¹

Grégoire Le Gal^{15,16} | Marc Righini¹
Thomas Moumneh^{3,10}  | Céline Chauleur^{11,12,13} | Frédéric Rouyer¹⁴
Grégoire Le Gal^{15,16} | Marc Righini¹ | Thomas Moumneh^{3,10}  | Céline Chauleur^{11,12,13} | Frédéric Rouyer¹⁴ | Grégoire Le Gal^{15,16} | Marc Righini¹

Robert-Ebadi H, et al. Assessing the clinical probability of pulmonary embolism during pregnancy: The Pregnancy-Adapted Geneva (PAG) score. *J Thromb Haemost*. 2021.
₁₈

Geneva Score		Pregnancy-Adapted Geneva Score	
ITEM	POINTS	ITEM	POINTS
Age >65	+1	Age 40 years and older	+1
Active malignant condition	+2		
Surgery (under GA) or lower limb fracture in past month	+2	Surgery (under GA) or lower limb fracture in past month	+2
Previous DVT or PE	+3	Previous DVT or PE	+3
Unilateral lower limb pain	+3	Unilateral lower limb pain	+3
Hemoptysis	+2	Hemoptysis	+2
Pain on lower limb palpation and unilateral edema	+4	Pain on lower limb palpation and unilateral edema	+4
Heart rate 75–94 ≥95	+3 +5	Heart rate >110 bpm	+5
Maximal point number	22	Maximal point number	20
ROC curve AUC	0.684	ROC curve AUC	0.795
95% CI	0.563–0.805	95% CI	0.690–0.899

Abbreviations: AUC, area under the curve; CI, confidence interval; DVT, deep vein thrombosis; GA, general anesthesia; ROC, receiver operating characteristic; PE, pulmonary embolism.

Robert-Ebadi H, et al. J Thromb Haemost. 2021.

Geneva Score		Pregnancy-Adapted Geneva Score	
ITEM	POINTS	ITEM	POINTS
Age >65	+1	Age 40 years and older	+1
Active malignant condition	+2		
Surgery (under GA) or lower limb fracture in past month	+2	Surgery (under GA) or lower limb fracture in past month	+2
Previous DVT or PE	+3	Previous DVT or PE	+3
Unilateral lower limb pain	+3	Unilateral lower limb pain	+3
Hemoptysis	+2	Hemoptysis	+2
Pain on lower limb palpation and unilateral edema	+4	Pain on lower limb palpation and unilateral edema	+4
Heart rate 75–94 ≥95	+3 +5	Heart rate >110 bpm	+5
Maximal point number	22	Maximal point number	20
ROC curve AUC	0.684	ROC curve AUC	0.795
95% CI	0.563–0.805	95% CI	0.690–0.899

Abbreviations: AUC, area under the curve; CI, confidence interval; DVT, deep vein thrombosis; GA, general anesthesia; ROC, receiver operating characteristic; PE, pulmonary embolism.

Geneva Score		Pregnancy-Adapted Geneva Score	
ITEM	POINTS	ITEM	POINTS
Age >65	+1	Age 40 years and older	+1
Active malignant condition	+2		
Surgery (under GA) or lower limb fracture in past month	+2	Surgery (under GA) or lower limb fracture in past month	+2
Previous DVT or PE	+3	Previous DVT or PE	+3
Unilateral lower limb pain	+3	Unilateral lower limb pain	+3
Hemoptysis	+2	Hemoptysis	+2
Pain on lower limb palpation and unilateral edema	+4	Pain on lower limb palpation and unilateral edema	+4
Heart rate 75–94	+3	Heart rate >110 bpm	+5
>=95	+5		
Maximal point number	22	Maximal point number	20
ROC curve AUC	0.684	ROC curve AUC	0.795
95% CI	0.563–0.805	95% CI	0.690–0.899

Abbreviations: AUC, area under the curve; CI, confidence interval; DVT, deep vein thrombosis; GA, general anesthesia; ROC, receiver operating characteristic; PE, pulmonary embolism.

Robert-Ebadi H, et al. J Thromb Haemost. 2021.

Geneva Score		Pregnancy-Adapted Geneva Score	
ITEM	POINTS	ITEM	POINTS
Age >65	+1	Age 40 years and older	+1
Active malignant condition	+2		
Surgery (under GA) or lower limb fracture in past month	+2	Surgery (under GA) or lower limb fracture in past month	+2
Previous DVT or PE	+3	Previous DVT or PE	+3
Unilateral lower limb pain	+3	Unilateral lower limb pain	+3
Hemoptysis	+2	Hemoptysis	+2
Pain on lower limb palpation and unilateral edema	+4	Pain on lower limb palpation and unilateral edema	+4
Heart rate 75–94	+3	Heart rate >110 bpm	+5
>=95	+5		
Maximal point number	22	Maximal point number	20
ROC curve AUC	0.684	ROC curve AUC	0.795
95% CI	0.563–0.805	95% CI	0.690–0.899

Abbreviations: AUC, area under the curve; CI, confidence interval; DVT, deep vein thrombosis; GA, general anesthesia; ROC, receiver operating characteristic; PE, pulmonary embolism.

Robert-Ebadi H, et al. J Thromb Haemost. 2021.

Pregnancy adapted Geneva Score (PAG Study)

TABLE 3 Patients' distribution and corresponding prevalence of PE according to the PAG Score

Points	Category	Distribution	Distribution, %	Confirmed		95% CI
				PE, n	Prevalence of PE, %	
0-1	Low	265/390	67.9%	6/265	2.3%	1.0-4.9%
2-6	Intermediate	112/390	28.7%	13/112	11.6%	6.9-18.9%
>=7	High	13/390	3.3%	8/13	61.5%	35.5-82.2%

Abbreviations: CI, confidence interval; PAG Score, Pregnancy-Adapted Geneva Score; PE, pulmonary embolism.

Robert-Ebadi H, et al. J Thromb Haemost. 2021.

Pregnancy adapted Geneva Score (PAG Study)

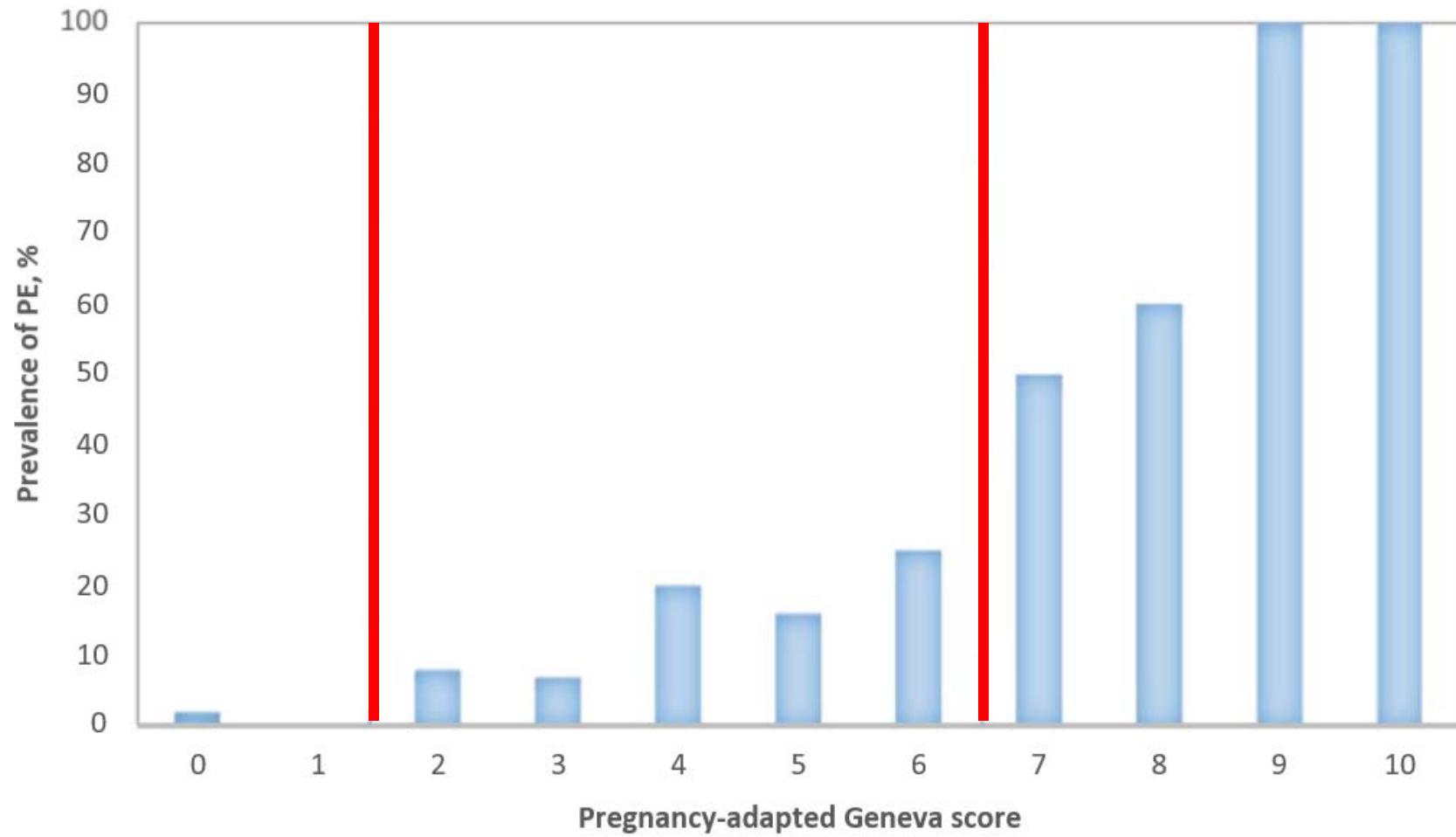
TABLE 3 Patients' distribution and corresponding prevalence of PE according to the PAG Score

Points	Category	Distribution	Distribution, %	Confirmed PE, n	Prevalence of PE, %	95% CI
0-1	Low	265/390	67.9%	6/265	2.3%	1.0-4.9%
2-6	Intermediate	112/390	28.7%	13/112	11.6%	6.9-18.9%
>=7	High	13/390	3.3%	8/13	61.5%	35.5-82.2%

Abbreviations: CI, confidence interval; PAG Score, Pregnancy-Adapted Geneva Score; PE, pulmonary embolism.

Robert-Ebadi H, et al. J Thromb Haemost. 2021.

Grossesse 2021 (PAG Study)



Doppler membres inférieurs

Non invasif: Valable SS + ou EDU +

Si positif, confirmation par écho
formelle et on traite l'EP!

Si négatif, on continue

Cartographie V/Q

Exposition acceptable

Résultat plus souvent concluant

Si non diagnostique: Doppler M. inf.

Angioscan pulmonaire

Diminution des radiations pour le fœtus

Augmentation de l'exposition pour les seins

Sous optimal dans 5 – 10% des cas, même pire
chez les femmes enceintes

Trop sensible?

Guide de pratique des sociétés nationales	Année	D-Dimères
American Thoracic Society and Society of Thoracic Radiology	2011	Non
Australian Society of Thrombosis and Haemostasis and the Society of Obstetric Medicine of Australia and New Zealand	2012	Non
European Society of Cardiology	2019	Oui pour risque non élevé
Working Group in Women's Health of the Society of thrombosis and Haemostasis (Allemagne Autriche et Suisse)	2016	Oui pour toutes
Royal College of Obstetricians and Gynaecologists (Royaume-Uni)	2020	Non
Society of Obstetricians and Gynaecologists of Canada Revision 2020	2014 2020	Non Oui

JOGC Journal of Obstetrics and Gynaecology Canada Journal d'obstétrique et gynécologie du Canada

SOGC Member Login Submit

ccess provided by University of Montreal

Abstract

Pulmonary embolism (PE) complicates 5.4 per 10 000 pregnancies and remains a significant cause of maternal mortality. Prompt diagnosis and treatment of PE are key to ensuring optimal outcomes, but are not without risks associated with over-testing. Given the paucity of evidence informing PE diagnosis in pregnancy, marked heterogeneity exists among different societies in their recommendations.

Here we provide an overview of existing recommendations and novel evidence informing the diagnosis of PE in pregnancy, including the use of d-dimers, the choice of diagnostic imaging modality, and the potential for breast cancer risk among women exposed to ionizing radiation from computed tomography pulmonary angiography (CTPA).

Novel evidence **supports the use of diagnostic algorithms** including **the use of D-dimers** as safe and effective strategies to identify women who require diagnostic imaging for PE.

CTPA and VQ scan confer a similar and acceptably low risk of harm to the fetus and do not appear to be associated with any increased risk of breast cancer in the mother in the short term.

Malhamé I, et al. JOGC. 2020;42(12):1546-9.

En conclusion

Probabilité pré test et D-Dimères
Doppler membres inférieurs

Scintigraphie V/Q

Angioscan pulmonaire
HBPM per investigation

D-Dimère et COVID-19

COVID-19

Association Between Pulmonary Embolism and COVID-19 in Emergency Department Patients Undergoing Computed Tomography Pulmonary Angiogram: The PEPCOV International Retrospective Study

Yonathan Freund, MD, PhD^{1,2} , Marie Drogrey, MD², Òscar Miró, MD, PhD³, Alessio Marra, MD⁴, Anne-Laure Féral-Pierssens, MD, PhD^{5,6}, Andrea Penalosa, PD, PhD⁷, Barbara A. Lara Hernandez, MD⁸, Sébastien Beaune, MD, PhD⁹, Judith Gorlicki, MD^{10,11}, Prabakar Vaittinada Ayar, MD^{12,13,14}, Jennifer Truchot, MD, PhD¹⁵, Barbara Pena, MD¹⁶, Alfons Aguirre, MD, PhD¹⁷, Florent Fémy, MD^{18,19}, Nicolas Javaud, MD, PhD²⁰, Anthony Chauvin, Md, PhD^{21,22}, Tahar Chouihed, MD, PhD^{23,24}, Emmanuel Montassier, PD, PhD^{25,26}, Pierre-Géraud Claret, MD, PhD²⁷, Céline Occelli, MD^{28,29}, Mélanie Roussel, MD³⁰, Fabien Brigant, MD³¹, Sami Ellouze, MD, PhD³², Pierrick Le Borgne, MD^{33,34}, Said Laribi, MD, PhD³⁵, Tabassome Simon, MD, PhD^{1,36}, Olivier Lucidarme, MD, PhD^{1,37}, Marine Cachanado, MsC³⁸, and Ben Bloom, MD, PhD³⁹
the IMPROVING EMERGENCY CARE FHU Collaborators

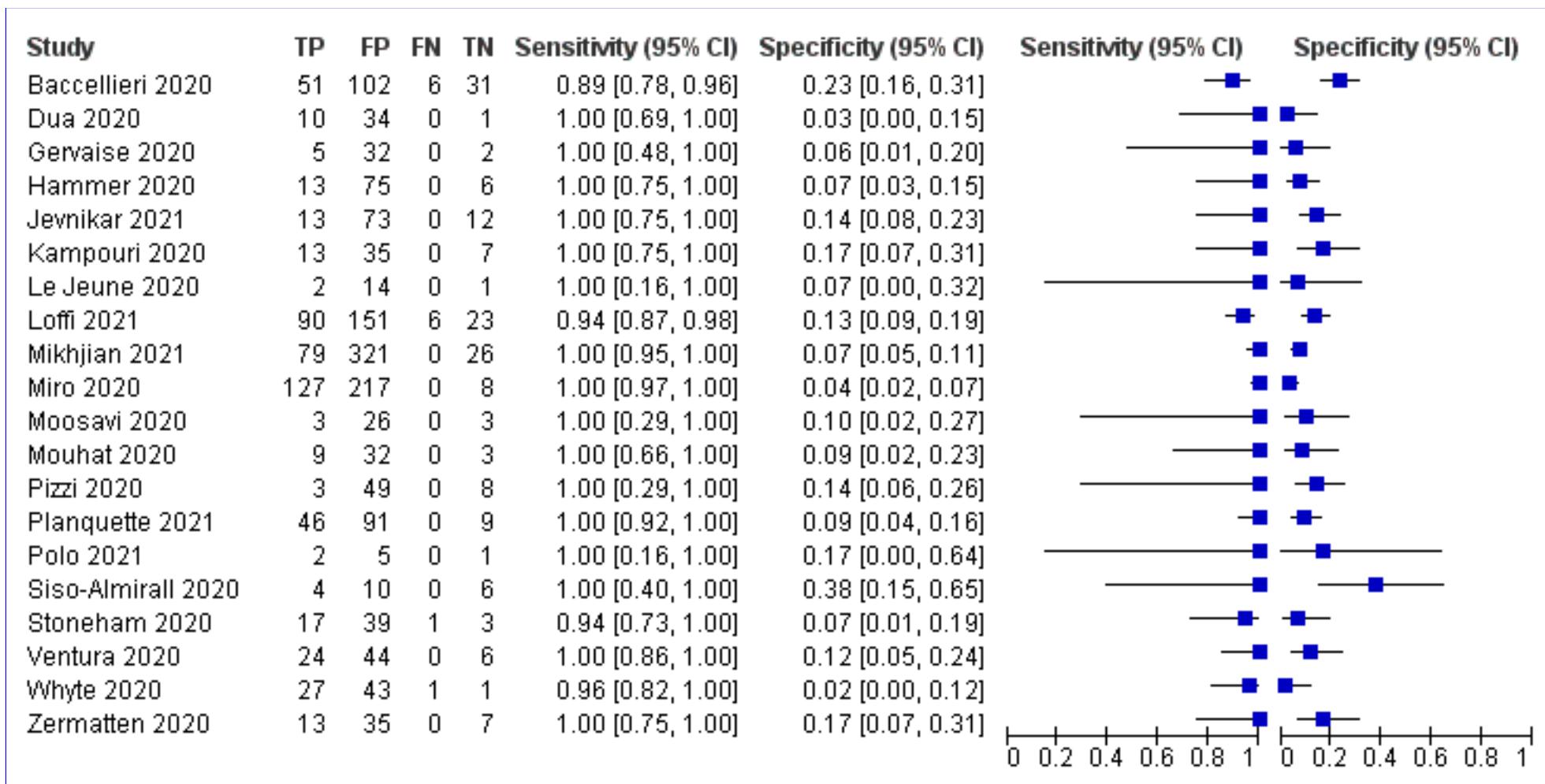
Freund Y, et al. The PEPCOV International Retrospective Study. Acad Emerg Med. 2020;27(9)

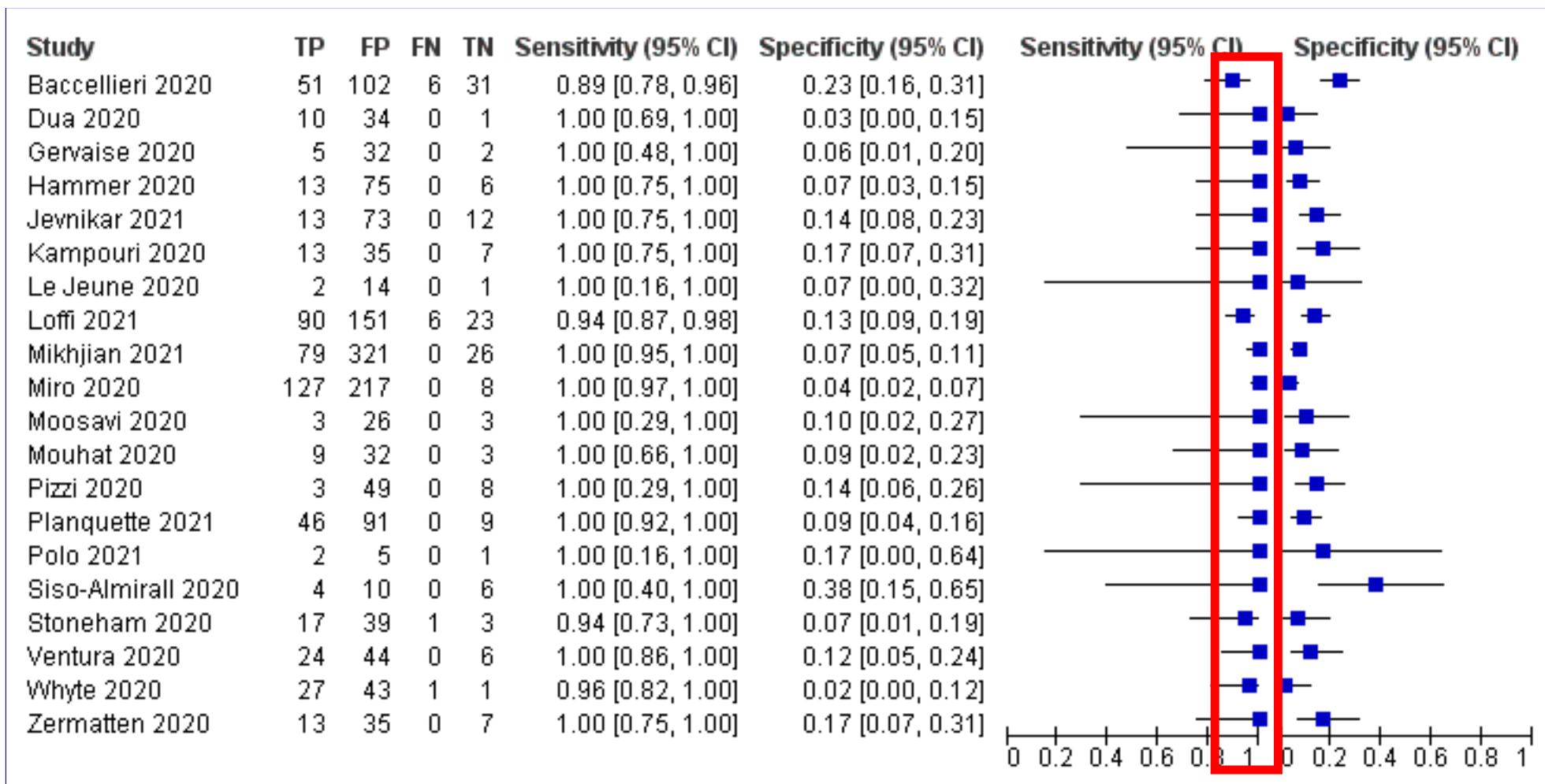
2022: COVID-19 et embolie pulmonaire

D-Dimers to exclude thromboembolism in patients presenting to emergency department with COVID19: A Patient Data Diagnostic Test Accuracy Meta-analysis

La Rochelle Pierre, Chauny Jean-Marc, Daoust Raoul et Cournoyer Alexis

2021 08 14





**D-Dimers to exclude thromboembolism in patients presenting to emergency department with COVID19:
A diagnostic test metaanalysis . La Rochelle Pierre, Chauny Jean-Marc, Raoul Daoust et Alexis Cournoyer 2021 08 14**

Seuil DD (mcg/L)	Nombre d'études *	Nombre de METV/ patients (Prévalence %)	Sensibilité	IC _{95%}	Spécificité	IC _{95%}
Tous	29	894/3394 (26,3%)	94,4%	91,5% – 96,3%	27,6%	20,7% - 35,8%
500	20	565/2157 (26,2%)	98,6%	95,8% - 99,6%	10,1%	7,7% - 13,0%
Ajusté pour l'âge (10x l'âge pour les plus de 50 ans)	12	195/888 (22,0%)	95,6%	89,2% - 98,3%	17,0%	11,5% -24,4%
1000	23	589/2096 (28,1%)	88,4%	83,9% - 91,8%	37,2%	31,6% - 43,2%

La Rochelle Pierre, Chauny Jean-Marc, Daoust Raoul et Cournoyer Alexis: D-Dimers to exclude thromboembolism in patients presenting to emergency department with COVID19: A diagnostic test metaanalysis . 2021 08 14 ³⁸



What level of D-dimers can safely exclude pulmonary embolism in COVID-19 patients presenting to the emergency department?

Marie-Pierre Revel^{1,2}  · Nathanael Beeker^{1,3} · Raphael Porcher^{1,4} · Léa Jilet³ · Laure Fournier^{1,5} · Bastien Rance^{1,6} · Guillaume Chassagnon^{1,2} · Michaela Fontenay^{1,7,8} · Olivier Sanchez^{1,9,10} · on behalf of the AP-HP /Universities/ Inserm COVID-19 research collaboration, AP-HP Covid CDR Initiative

Conclusion: The same D-Dimer thresholds as those validated in non-COVID outpatients should be used to safely rule out PE.

D-Dimères et dyspnée chronique



JAMA

[View Article ▾](#)

JAMA. 2021 Oct 5; 326(13): 1277–1285.

Published online 2021 Oct 5. doi: 10.1001/jama.2021.14846: 10.1001/jama.2021.14846

PMCID: PMC8493436

PMID: [34609451](#)

Effect of a Pulmonary Embolism Diagnostic Strategy on Clinical Outcomes in Patients Hospitalized for COPD Exacerbation

A Randomized Clinical Trial

[David Jiménez](#), MD, PhD,^{1, 2, 3} [Alvar Agustí](#), MD, PhD,⁴ [Eva Tabernero](#), MD,⁵ [Luis Jara-Palomares](#), MD, PhD,⁶ [Ascensión Hernando](#), MD, PhD,⁷ [Pedro Ruiz-Artacho](#), MD, PhD,^{3, 8} [Gregorio Pérez-Peña](#), MD, PhD,⁹ [Agustina Rivas-Guerrero](#), MD,¹⁰ [María Jesús Rodríguez-Nieto](#), MD, PhD,^{3, 11} [Aitor Ballaz](#), MD,¹² [Ramón Agüero](#), MD,¹³ [Sonia Jiménez](#), MD,¹⁴ [Myriam Calle-Rubio](#), MD, PhD,¹⁵ [Raquel López-Reyes](#), MD,¹⁶ [Pedro Marcos-Rodríguez](#), MD,¹⁷ [Deisy Barrios](#), MD, PhD,¹ [Carmen Rodríguez](#), MD,¹ [Alfonso Muriel](#), PhD,¹⁸ [Laurent Bertoletti](#), MD, PhD,¹⁹ [Francis Couturaud](#), MD, PhD,²⁰ [Mennó Huisman](#), MD, PhD,²¹ [José Luis Lobo](#), MD,¹⁰ [Roger D. Yusen](#), MD,²² [Behnood Bikdeli](#), MD, MS,^{23, 24, 25} [Manuel Monreal](#), MD, PhD,^{3, 26} and [Remedios Otero](#), MD, PhD^{3, 6}, for the SLICE Trial Group

“Among patients hospitalized for an exacerbation of COPD, the addition of an active strategy for the diagnosis of PE to usual care, compared with usual care alone, **did not significantly improve a composite health outcome.**”

“Use of liberal screening (as in SLICE) in a clinical setting could lead to **over-diagnosis**, including inconclusive diagnoses and findings of uncertain importance, with **negative consequences for patient management and safety.**”

Jiménez D, et al. The Slice Trial. JAMA. 2021;326(13):1277-85.

Safety and Efficiency of Diagnostic Strategies for Ruling Out Pulmonary Embolism in Clinically Relevant Patient Subgroups :
A Systematic Review and Individual-Patient Data Meta-analysis

- 16 études, 1995 à 2021. 20 553 patients
- Older or cancer patients:
- "Efficiency improved considerably in these subgroups when pretest probability-dependent D-dimer thresholds were applied"

From an efficiency perspective, this individual patient data meta-analysis supports application of adapted D-dimer thresholds.

Imagerie pour l'EP?

Modalité	Force	Limite	Radiation
Angio CT	24/7 et rapide Précision Multiple validations Peu de non concluant Diagnostic alternatif	Radiation et produit de contraste Atteinte rénale Trop accessible Découverte fortuite	3- 10 mSv Significatif pour le tissus mammaire des jeunes patientes
V/Q scan Planaire	Très peu de contrindication Peu couteux Très bien validé	Disponibilité diminuée Variabilité interobservateur Résultat en degré de probabilité 50% non diagnostique Pas de diagnostic alternatif	2 mSv
V/Q SPECT	Très peu de contrindication < 3% études non diagnostiques Haute valeur diagnostique Interprétation binaire (PE vs No PE)	Variabilité des techniques et des critères Pas de diagnostic alternatif	2 mSv
Angiographie	Gold Standart historique	Invasive Non disponible	10-20 mSV

Résumé des études diagnostiques pour l'embolie pulmonaire

TEST	Patients (études)	Sensibilité	Spécificité	Qualité des évidences
Angio CT	3 929 (15)	0,93 (0,88 - 0,96)	0,98 (0,96 - 0,99)	Moyenne
D-Dimères	20 568 (30)	0,97 (0,96 - 0,98)	0,39 (0,36 - 0,43)	Moyenne
D-D ajustée pour l'âge	2 885 (1)	0,99 (0,98 - 1,00)	0,47 (0,45 - 0,49)	Haute
Doppler Proximal	1 715 (7)	0,49 (0,31 - 0,66)	0,96 (0,95 - 0,98)	Faible
V/Q + = haute prob. (vs tous les autres)	3 994 (13)	0,58 (0,50 - 0,66)	0,98 (0,96 - 0,99)	Moyenne
V/Q - = Normal (vs tous les autres)	3 994 (13)	0,98 (0,95 - 0,99)	0,36 (0,27-0,45)	Moyenne
V/Q + = haute prob. V/Q - = Normal (vs tous les autres)	3 994 (13)	0,96 (0,91 - 0,98)	0,95 (0,89 - 0,98)	Haute

<https://guidelines.gradepro.org/profile/2d575b1d-8e36-43db-8805-713732e1508a> (Consulté octobre 2021)

Spécificité de l'angioscan

937 angioscans 174 EP (18,6%)

Revision par 3 radiologistes experts

Si au moins 1 d'accord: Dg = EP

Si les 3 pas d'accord: Dg = PAS D'EP

45 des 174 (25,9%) n'avaient pas d'EP
Spécificité 74,1%

Hutchinson BD, et al. Overdiagnosis of Pulmonary Embolism by Pulmonary CT Angiography.
American Journal of Roentgenology. 2015;205(2):271-7.

Impact du diagnostic d'EP

Anticoagulation (case fatality rate DOACS 9,7%)

Assurances

Revisites

Anxiété

Dépression

SSPT (PTSD)

Pensées suicidaires

Tran A, Redley M, de Wit K. : The psychological impact of pulmonary embolism: A mixed-methods study.
Res Pract Thromb Haemost. 2021;5(2):301-7.

Khan F, et al. : Long-Term Risk for Major Bleeding During Extended Oral Anticoagulant Therapy for First Unprovoked Venous Thromboembolism : A Systematic Review and Meta-analysis. *Ann Intern Med.* ⁴⁷ 2021.

DD et anticoagulants

Patients exclus des études:

Étude	Critère exclusion
Wells 2001	Anticoagulant therapy for more than 24 hours
Kline (PERC) 2008	INCLUS 543 patients anticoagulés
Righini 2014 (Adjust-PE)	they were receiving anticoagulant therapy for another indication
van der Hulle 2017 (Years Study)	treatment with therapeutic doses of anticoagulants initiated 24 hours or more before
Kearon et de Wit 2019 (PEGed)	had received full-dose anticoagulant therapy for 24 hours
Roy 2021 (4-PEPS)	
• Roy (EMDEPU)2006	INCLUS
• Kline (PERC) 2008	INCLUS
• Roy 2009	INCLUS
• Righini 2008	Exclus
• Penaloza 2017	had curative anticoagulant therapy in progress for more than 2 days



Letter to the Editors-in-Chief

Use of D-dimer for the exclusion of new pulmonary embolism in anticoagulated patients: A multicenter retrospective study



ARTICLE INFO

Keywords

Venous thromboembolism
Pulmonary embolism
Recurrence
D-dimer
Direct oral
Anticoagulants

Age adjusted DD: Sensibilité = 100%, LR neg < 0,1 et une prévalence de 4%

D-dimér
D-dimers
Sensibilité
Бұрномастың мөлдөмілігі
Лицема фракционированного

Un patient anticoagulé est-il bien anticoagulé?

- Interaction
- Posologie
- 1,2% des EP
- Changement récent de la médication

Liu, M. Y, et al. (2018). Acute Pulmonary Embolism in Emergency Department Patients Despite Therapeutic Anticoagulation. *Western Journal of Emergency Medicine: Integrating Emergency Care with Population Health*, 19(3).



Just the facts: testing patients with suspected pulmonary embolism

Kerstin de Wit^{1,2,5} · Oksana Matalo³ · Shreyash Dalmia⁴

Received: 26 October 2021 / Accepted: 28 December 2021
© The Author(s), under exclusive licence to Canadian Association of Emergency Physicians (CAEP)/ Association Canadienne de Médecine d'Urgence (ACMU) 2022

Keywords Pulmonary embolism · Diagnosis

Ключови думи: Пулмонарна емболия · Диагноза

DOI: 10.1007/s43678-021-00260-2

TESTING FOR PULMONARY EMBOLISM IN THE EMERGENCY DEPARTMENT

- Prepare for how you will test emergency patients for PE
- Know your hospital D-dimer assay and manufacturer recommended cutoff: if the cutoff is not 500, you may be restricted to the first PE testing strategy
- Choose one PE testing strategy and use it for all patients

Kerstin de Wit, et al. Just the facts: Testing patients with suspected pulmonary embolism. CJEM. Epub 2022/01/14.⁵²

Option 1: Wells "Unlikely" et D-Dimère inférieur au seuil recommandé



Option 2: Wells "Unlikely" et D-Dimère inférieur au seuil ajusté pour l'âge



Option 3: Le YEARS Score



Option 4: Wells "Unlikely" et D-Dimère inférieur au seuil ajusté à la probabilité clinique (PEGed ou 4PEPS)

Décision partagée

Patient values and preferences in pulmonary embolism testing in the emergency department
Patient satisfaction comes from addressing their primary concern

- Symptomatic relief (pain and shortness of breath)
- Finding a diagnosis
- Receiving tests
- Rapidly progressing through the emergency department

Swarup V, Soomro A, Abdulla S, de Wit K. Patient values and preferences in pulmonary embolism testing in the emergency department. Acad Emerg Med. 2021. Oct 18. doi: 10.1111/acem.14400.

Preference for imaging over clinical examinations

Perception of highly accurate CT scans

Clinical examination is insufficient when ruling out a clot

Expect 100% confidence from their physician

Most patients said they would accept only 100% certainty
Multiple tests suggested the physician had checked
everything

Willing to seek a second opinion if expectations are not met

Individualized care throughout their entire ED visit

Direct physician communication

Case-specific testing

Cognitive reassurance

"Testing should be different, because I'm different"

Do physicians contribute to psychological distress after venous thrombosis?

